



[Join Our Email List](#)



They promised to defend. We promise to support.

Founder's Message

Dear OHT Friend,

I hope this finds all of you well and wearing your masks and social distancing wherever necessary. It's still a wild time out there and we seem to be moving in a direction that is counter to what we had hoped for by now. Luckily here in NH we are in "good shape" but we know that could change rapidly, especially during the peak of our tourism season.

We are especially concerned about those veterans who suffer from PTSD and high stress and anxiety. We know the pandemic has increased both, and suicides are increasing daily. We have recently seen where Master Sgt. Andrew Christian Marckesano, dubbed Captain America, committed suicide after surviving half a dozen deployment tours. He had just accepted a coveted job at the Pentagon, but two nights after July 4th, in front of his wife, he committed suicide. The demons were real and too much to handle.

Also, OHT recently made a donation to the [Brady Oberg Legacy Foundation](#) in MN. Brady was that All-American boy, liked by all and a model service member. While the family knew he struggled with PTSD and tried to help as much as they could, again, the demons were real and more than he could handle. After signing on the bottom line for a piece of property where Brady and his wife were going to build their forever home, Brady committed suicide. The families were devastated. They ultimately established the Brady Oberg Legacy Foundation to help those who struggle with PTSD. OHT is proud to have been able to make a donation that will help make a difference.

OHT continues to help fill some critical gaps in care for our veterans and those in need even in this challenging environment. We know we must stick together and provide as much support as we can. I hope you will do the same.

Until next time, BE WELL AND SAFE.

Dot

Stay Tuned - Coming in August!

OHT has upcoming news and information on a potential new Fitness program, new products (see sneak peek of a few items below!), and new members for our Board of Directors! More info coming in August.



New t-shirt design



OHT Yoga Mat

To learn more about how you can get involved with Operation Hat Trick to support our service members in need, please visit our Website.

www.operationhattrick.org

